



RISING KINDERGARTENERS

Summertime Words & Numbers

"Let all that you do be done in love." – 1 Corinthians 16:14

Dear Parents,

Along with the joy of summer—family time, sunshine, and rest—we offer a few simple and meaningful ways to continue your child's growth in wonder, language, number sense, and faith. When your child asks, "What can I do?"—here are some beautiful options.

Books & Reading

Focus on listening, language development, and delight in reading the story.

- Parents read aloud daily with your child (10–15 minutes)
- Practice turning pages and tracking words left to right
- Encourage your child to retell stories in their own words

Suggested Books

- *Make Way for Ducklings* — Robert McCloskey
- *Aesop's Fables* — Aesop
- *Corduroy* — Don Freeman
- *The Little Red Hen* — Traditional
- Practice books for children to read: leveled books such as Dr. Seuss books, Bob Books, or First Step Stories are good options as well!

Math

Keep it hands-on and joyful.

- Practice counting objects (1–20 and beyond)
- Recognize and write numbers
- Sort items by shape, size, or color
- Create simple patterns
- Use objects to model simple addition
- Practice counting coins
- Use play clocks to explore time to the hour

Nature Study

Encourage curiosity and observation

- Grow a plant from seeds or kitchen scraps
- Observe animals, insects, and plants
- Draw what you see in nature
- Try simple experiments (growing roots in water, ramps for motion)
- Create a small "animal and habitat" book
- Use your senses to explore the outdoors

Art & Music

Foster creativity and delight in beauty.

- Draw, color, cut, and create regularly
- Use playdough and blocks to strengthen fine motor skills
- Listen to beautiful music and draw what you hear (Example: *The Planets* by Gustav Holst)

School Readiness Skills

Support independence and confidence.

- Practice writing and recognizing first name (not all uppercase)
- Identify letters, numbers, shapes, and rhyming words
- Practice cutting, coloring, and using utensils
- Follow simple directions (3–5 steps)

Life Skills:

- Practice zipping, buttoning, tying/Velcro shoes
- Use the restroom and wash hands independently
- Open lunch containers and clean up after eating

Social Skills:

- Take turns, share, and follow rules in games
- Practice listening and showing respect to others

Spiritual Life

Keep Christ at the center of summer.

- Attend **Holy Mass every Sunday** (even when traveling)
- Attend Holy Mass on some weekdays
- Pray the Rosary with your family every day. Even one decade is better than none!

Additional Ideas:

- Visit Jesus in the Blessed Sacrament. He is waiting for you!
- Talk about God's creation during nature walks
- Follow the Eucharistic Pilgrimages virtually at <https://www.eucharisticpilgrimage.org/>

A Final Encouragement

Summer is a time of rest—but also of quiet formation. Small, consistent habits—reading together, noticing God's creation, praying as a family—plant seeds that will bear great fruit.

We are grateful for your partnership in forming your child in **truth, goodness, and beauty**. If you have any questions, please contact the School Office.

Blessings,

Saint Theresa Catholic School
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