



## **RISING FIRST GRADERS**

### Summertime Words & Numbers

*"Let all that you do be done in love." – 1 Corinthians 16:14*

Dear Parents,

Along with the joy of summer—family time, sunshine, and rest—we offer a few simple and meaningful ways to continue your child's growth in wonder, language, number sense, and faith. When your child asks, "*What can I do?*"—here are some beautiful options.

### **Books & Reading**

Focus on listening, narration, and early phonics.

- ***Frog and Toad Are Friends*** — Arnold Lobel
- ***The Tale of Peter Rabbit*** — Beatrix Potter
- ***Winnie-the-Pooh*** — A. A. Milne
- ***Blueberries for Sal*** — Robert McCloskey
- ***Caps for Sale*** — Esphyr Slobodkina

### **Activities:**

- Parents read aloud daily with your child (15–20 minutes)
- Ask your child to *retell* the story in their own words
- Practice letter sounds and simple sight words
- Draw a picture from the story and label it

### **Math**

Keep it hands-on and joyful.

- Count objects daily (toys, snacks, steps, etc.)
- Practice numbers 1–100 (counting and recognizing)
- Work on simple addition and subtraction within 10
- Practice writing numbers neatly

### **Ideas:**

- Use coins to identify pennies, nickels, and dimes
- Practice telling time to the hour
- Play simple board games that involve counting

## Nature Study

Encourage curiosity and observation

- Identify 3–5 types of plants or trees in your neighborhood
- Observe birds, insects, and animals
- Take nature walks and talk about what you see, especially if you are traveling

### Activities:

- Draw and label something from nature
- Describe what you see using all five senses
- Keep a simple “nature notebook”

## Art

Foster creativity and appreciation of beauty.

- Draw, color, and paint regularly
- Practice cutting, gluing, and simple crafts
- Recreate a favorite scene from a book

### Extension:

- Go visit the **Museum of Fine Arts**
- Look at simple works of art and talk about what you notice
- Focus on *beauty, detail, and effort* rather than perfection

## Spiritual Life

Keep Christ at the center of summer.

- Attend **Holy Mass every Sunday** (even when traveling)
- Attend Holy Mass on some weekdays
- Pray the Rosary with your family every day. Even one decade is better than none!

### Additional Ideas:

- Visit Jesus in the Blessed Sacrament. He is waiting for you!
- Talk about God’s creation during nature walks
- Follow the Eucharistic Pilgrimages virtually at <https://www.eucharisticpilgrimage.org/>

## A Final Encouragement

Summer is a time of rest—but also of quiet formation. Small, consistent habits—reading together, noticing God’s creation, praying as a family—plant seeds that will bear great fruit.

We are grateful for your partnership in forming your child in **truth, goodness, and beauty**. If you have any questions, please contact the School Office.

### Blessings,

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