The Healthy Lunch Box ([www.thehealthylunchbox.com](http://www.thehealthylunchbox.com)) is pleased to send you information about our lunch service for **St. Theresa Catholic School** during the 2016-17 school year.

The Healthy Lunch Box has been in business serving schools since 1996, and we currently provide about 6,000 to 7,000 meals per day during the school year. We are excited to announce enhancements for the 2016-17 school year including:

* **Lunch prices are $4.50 per meal for PK thru 1st Grade, $5.50 per meal for 2nd-5th grade. One beverage (selection to be determined by the school) is included with the meal.**
* The Healthy Lunch Box is owned by caring moms who understand the importance of balancing nutrition with a child’s way of eating. At The Healthy Lunch Box, your child’s food is handmade daily from scratch, daily, *with love*!
* A hot entrée, Turkey Hoagie meal and Alternate meal are available to be ordered and delivered to your school on a daily/weekly/monthly basis. Food is prepared in our large commercial kitchen. Hot/Cold food are separately packaged so food is served at just the right temperature. We package food carefully to eliminate ‘mush’.
* The Healthy Lunch Box menu is generally nut free, and if you have specific questions please call and speak with Linda Wiers, Nutrition Dir.
* Fresh/Frozen vegetables are offered (NO canned vegetables or fruits!); All fresh vegetables are hand washed & cut - no bagged salads.
* Meat/poultry/seafood hand cut – no preformed nuggets or strips.
* Hot dogs, when offered, will be all beef/no filler. Pasta/Breads/Rice are generally 50% brown/wheat (unless wheat product is out of stock or unavailable).
* Menus are passed out to students 2 weeks prior to calendar month. Parents should place order/pay for orders online at:

TO ORDER ONLINE: http:healthylunchbox.h1.hotlunchonline.net

School Code is “1157”

* Once an order is placed parents are able to go in and easily make changes to your menu selections including cancelling lunches up until midnight the evening before for no charge.
* **Any meal not preordered by midnight the night before costs $1 extra as it requires special handling.**
* We have a very secure website. However, if parents are uncomfortable placing an order online you can call us and we will process your order for the month over the telephone at no extra charge.
* Convenience fee of 30 cents per total order added to any order totaling less than $30.00 – other than that no extra charge for ordering from us on-line!

The Healthy Lunch Box

Frequently Asked Questions:

To Cancel a Lunch: To receive a credit toward future meal, you must cancel your meal online by midnight the preceding night. Same day credits are not allowed as meal is already in production.

Credits: you may cancel a future order online and save the credit to use on future purchases.

Emergency Lunch: If you child forgot their lunch and you realize it, **please call us at 281 444 8444 Ext 2 (two)** and place an emergency lunch order over the telephone ($1 charge for orders received after midnight the night before). If you have an account with The Healthy Lunch Box, we will place this charge on your order to be paid with your next order. If you do not have an account, we will send you an emergency meal invoice. If a child has 2 unpaid emergency meal invoices, no more emergency meals will be allowed until payment is received.

No Credit Card: If you prefer to pay by check/money order, you can mail in an order and menu selections to us at The Healthy Lunch Box, 614 W. Greens Rd., Houston, TX 77067. It is imperative to include your SCHOOL NAME, STUDENT NAME AND GRADE, and your contact phone on check.

Emergency School Closing: If your school notifies The Healthy Lunch Box of an emergency closing before the school day begins, we will automatically credit your account.

Contact Us: If you need assistance with your online ordering system, please do not hesitate to contact us. You may reach us at 281-444-8444 or by email at [info@thehealthylunchbox.com](mailto:info@thehealthylunchbox.com).

If you are having troubles beyond what this email can answer, please contact Tobie Briner, Operations Manager at 281 444 8444 ext 3. Or you can email Tobie at info@healthylunchbox.com.

Thank you for your interest and your trust! We are very excited to be a part of your child’s daily routine!!